

ALTERNATIVE HEALTH & REHAB. CENTRE, PLLC

Alternative, Complimentary and Preventive Health Care Services

A Treatment Centre with a Holistic Personal Approach.

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Open: 8am - 8pm Monday-Friday, 9am - 6pm Saturday. By Appointment.

Web: www.ahrc.us

BIOMERIDIAN STRESS ASSESSMENT - BSA

Bio-Meridian Stress Assessment (BEA) measures the bio-electric (galvanic conductance response) energy received at the meridian based end points, (like EEG for electric brain waves, EMG for electric muscle activity and EKG for electrical heart activity) which when compared to standards, normal and condition specific problems, helps us review possible areas of structural, nutritional and system imbalances, deficiencies, weakness and damage body systems. This testing is used to gain additional information in determining courses of action to bring the effected body area back into a more optimal function.

History

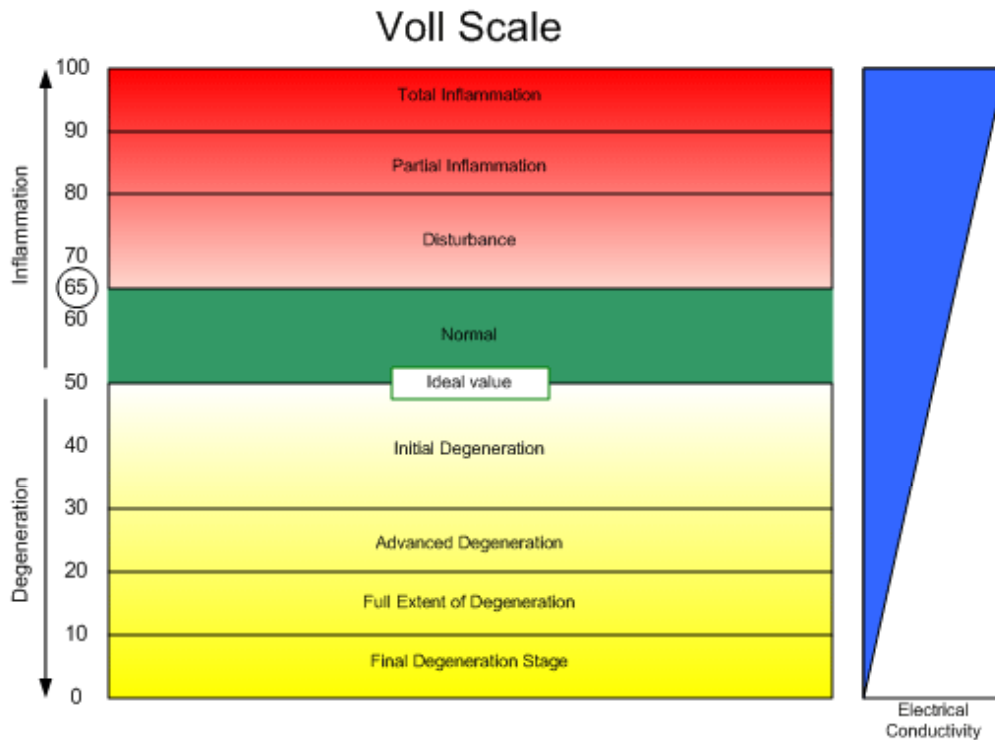
Many functional or energy health devices are based on the research of Dr. Reinhold Voll. Dr. Voll scientifically verified the Chinese/Japanese, network of energy channels/fields, called meridians, which flow through the body. Meridian pathways and points can be used to collect energetic data. Dr. Voll demonstrated what the Chinese/Japanese have used for over 5000 years that the body's organs and systems are associated with different energy patterns flowing through the meridians. Imbalances in various organs, structures and systems effect the energy they absorb, utilize and give off, this manifests as energetic disturbances in the associated meridians, just like EEG's, EMG's and EKG's do in traditional health care.

Bio-Reportorization

Bio-Reportorization is a fast, accurate, and objective profiling tool, that assists in identifying system weakness and optimal supplemental protocols, including Main, Secondary, and Specific Phase supplements and remedies, for each bio-electric (bodies neuro-electrical systems) abnormality/condition.

This tool provides objective patient data which helps determine what major systems and organs of the body, that are stressed, weakened or damaged, what homo-toxicological phases are potentially in process, and what current symptoms may be present within the weakened identified phase. This information, including other data, symptoms, profiling information, history, phase determination, etc are combined and reviewed to determine the best course of action.

Bio-Reportorization is designed to deliver long-term benefits by identifying areas of concern, and then focusing on supporting the core functional health of that weakened system. Patient symptoms, although important, provide one piece of the information used to determine the optimal protocol for working toward optimal health. Bio-Reportorization's strength lies in its ability to combine multiple sources of patient information to assist in identifying the optimal protocol, and monitoring the progress of that protocol as it affects the patients over all health status.



Energetic Evaluation

Biomeridian Stress Assessment (BSA) is used to conduct a comprehensive evaluation of a person's meridian end point health. This process involves measuring electrical conductivity at responsive points (meridian points) on the skin - typically on the hands and feet. The locations of the test point generally correspond to those of acupuncture exit points. These energetic measurements are recorded and compared to known normal's to help provide a profile of the current conditions.

According to World wide research, acupuncture points are related to the body's organs and systems. Major groups of points are connected through channels, or meridians. Twenty of these meridian points begin or end at the hands and feet, making them ideal points for evaluation.

As a patient moves toward or away from health, the condition of any particular organ or system can be affected and sensed along the meridians at representative points. As a result, changes (good and bad) associated with the corresponding organs can be seen using the indicated points.

After the initial measurements have been taken, the results will be reviewed and recommendations given. If stress values are above or below equilibrium, the System's extensive computer database will present a range of possibilities to be considered in normalizing the readings and thus a healthier balance. The MSAS allows consideration of thousands of herbal, homeopathic, and nutritional supplements and suggested course of therapies.

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EMC cont.

Overall, an BSA provides a completely non-invasive method for gaining valuable information about the body's vital functions. The primary objective of this procedure is to disclose patterns of stress and then to provide feedback for use in a program to help restore each system to an appropriate functional balance.

With BioMeridian's Bio-Electric testing system the information gathered can be used to determine the next step in your health care.

- Non-invasive sensitivity screening. NO scratch testing or injections are necessary.
- Nutritional evaluations can help focus and achieve nutritional balance.
- Consider possible complementary approaches that can help achieve a more balanced state.
- Identify specific stressors that might be contributing to the health problems.
- Test for toxicity levels, and the effects on energy and organ functions.
- Help maintain the structural and functional integrity of body systems.
- Suggest whether there is a condition present that may require other investigation & treatment.

"There is no question that the 21st century has arrived and any practitioners who utilize this technology will find themselves in demand and practicing very successfully."

- Bruce H. Shelton, MD, MD(H), Dhom.

"Over the past several years, I have used this technology to help hundreds of patients solve their health problems. It's an excellent tool that has helped eliminate the guesswork."

-Bryon Rosquist, DC

"Testing patients for allergies and chemical exposure used to be a time-consuming and often difficult task. This technology has enabled us to do this and far more."

-Pauline Rose, RN, MN, SWNA

"I think this is an invaluable tool. It gives us clues to what is going on that regular blood tests or a history doesn't. It is extremely sensitive."

-John Limehouse, DVM

14 Body System Tested:

Skin, Nervous, Locomotors, Respiratory, Cardiovascular, Digestive, Pancreas, Liver,
Urogenital , Blood, Lymph/Waste Drainage, Metabolism, Endocrine and Immune Systems.

Recommended testing: Every 3 months then follow-up every 6-12 months.

Ideal:

(Meridian Balance Index: 900-1000, with all categories at 1st. or 2nd. level.

1 - Strong, 2 - Good, 3 - Stressed, 4 - Inflamed, 5 - Weak/minor damage, 6 - Damaged).

Costs: Initial: \$60 Follow-up: \$45.

Add: DPA- to evaluate blood flow problems

Add: Lifestyle/Nutritional evaluation - to evaluate lifestyle choices

Add: Iridology: to evaluate past choices and the effects they have had.

BIOMERIDIAN STRESS ASSESSMENT - BSA
Confidential History

Name: _____ Date: _____ Case#: _____

Please fill out the history below so that the information gathered from the testing can be coordinated.

We also recommend doing the “Lifestyle/Nutritional/Questionnaire” and the “Digital Pulse Wave Analysis” to get a more complete evaluation of how your body is currently functioning. Also consider the “Iridology Evaluation” to see how past choices have effected your bodies current health.

The Biomeridian will test 14 different overlapping systems by using 58 galvanic skin response points. The information below are in reference to these systems.

Skin Conditions:

- | | | |
|---|--|---|
| <input type="checkbox"/> Loss of skin color | <input type="checkbox"/> Darkening of the skin | <input type="checkbox"/> New skin spots |
| <input type="checkbox"/> Loss of skin hair | <input type="checkbox"/> Loss of skin areas | <input type="checkbox"/> Black and Blue areas |
| <input type="checkbox"/> Acne | <input type="checkbox"/> Skin lesions | <input type="checkbox"/> Skin easily tears |
| <input type="checkbox"/> Excess Itching | <input type="checkbox"/> Skin smell | <input type="checkbox"/> Pustules |
| <input type="checkbox"/> Skin bleeds easy | <input type="checkbox"/> Very Dry skin | <input type="checkbox"/> Moles |
| <input type="checkbox"/> Other: _____ | | |

Nervous System Conditions:

- | | | |
|--|---|--|
| <input type="checkbox"/> Shakes | <input type="checkbox"/> Memory loss | <input type="checkbox"/> Coordination problems |
| <input type="checkbox"/> Sharp pain | <input type="checkbox"/> Blurred/loss of vision | <input type="checkbox"/> Muscle weakness or spasms |
| <input type="checkbox"/> Loss of feeling | <input type="checkbox"/> Sexual dysfunction | <input type="checkbox"/> Paralysis |
| <input type="checkbox"/> Confusion | <input type="checkbox"/> Seizures | <input type="checkbox"/> Loss of Bladder/bowel control |
| <input type="checkbox"/> Tremors | <input type="checkbox"/> Slurred speech | <input type="checkbox"/> Body Rigidity |
| <input type="checkbox"/> Other: _____ | | |

Locomotion: Muscle/Tendon/Ligaments:

- | | | |
|--|--|---|
| <input type="checkbox"/> Muscle weakness | <input type="checkbox"/> Muscle spasm | <input type="checkbox"/> Muscle shakes |
| <input type="checkbox"/> Coordination loss | <input type="checkbox"/> Unstable joints | <input type="checkbox"/> Balance problems |
| <input type="checkbox"/> Shuffle | <input type="checkbox"/> Postural problems | <input type="checkbox"/> Muscle fatigue |
| <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Restricted reach | <input type="checkbox"/> Loss of strength |
| <input type="checkbox"/> Rigidity | <input type="checkbox"/> Loss of Flexibility | <input type="checkbox"/> Restricted range of Motion |
| <input type="checkbox"/> Other: _____ | | |

Respiratory: Lungs/ Oxygen/Carbon Dioxide Exchange:

Blood: Nutrients/Oxygen

- | | | |
|--|--|---|
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Smoker |
| <input type="checkbox"/> High Blood pressure | <input type="checkbox"/> Exhaustion | <input type="checkbox"/> Chronic Obstructive Pulmonary Dis. |
| <input type="checkbox"/> Chronic Fatigue | <input type="checkbox"/> Allergies | <input type="checkbox"/> Black/Brown Lung |
| <input type="checkbox"/> Apnea | <input type="checkbox"/> Fainting spells | <input type="checkbox"/> Air quality problems |
| <input type="checkbox"/> Cystic Fibrosis | <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Pneumonia |
| <input type="checkbox"/> Other: _____ | | |

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Name: _____ Biomeridian history cont.

Cardiovascular: Heart & Vessel Problems: Blood: Nutrients/Oxygen transportation:

- | | | |
|--|--|---|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> High Heart Rate | <input type="checkbox"/> Cold fingers/toes |
| <input type="checkbox"/> Congestive Heart | <input type="checkbox"/> Low Energy | <input type="checkbox"/> Low Endurance |
| <input type="checkbox"/> Lung Problems | <input type="checkbox"/> Poor healing rate | <input type="checkbox"/> Poor clotting |
| <input type="checkbox"/> Poor Immunity | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Obesity |
| <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Smoker | <input type="checkbox"/> Previous Heart Attack/Stroke |

Other: _____

Digestive: Mouth/Esophagus/Stomach/Small Intestines/Large Intestines/Colon:

- | | | |
|---------------------------------------|---|---|
| <input type="checkbox"/> Over weight | <input type="checkbox"/> Nausea | <input type="checkbox"/> Acid reflux |
| <input type="checkbox"/> Bloating | <input type="checkbox"/> Food allergies | <input type="checkbox"/> Easy weight gainer |
| <input type="checkbox"/> Cravings | <input type="checkbox"/> Emotional eating | <input type="checkbox"/> Heavy drinker |
| <input type="checkbox"/> Ulcers | <input type="checkbox"/> Picky eater | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> IBS | <input type="checkbox"/> Colon problems |

Other: _____

Pancreas: Sugar metabolism:

- | | | |
|--|--|--|
| <input type="checkbox"/> Sugar in urine | <input type="checkbox"/> Energy - high and low | <input type="checkbox"/> Diabetic |
| <input type="checkbox"/> Sweet cravings | <input type="checkbox"/> Over weight | <input type="checkbox"/> Heavy drinker |
| <input type="checkbox"/> Vascular problems | <input type="checkbox"/> muscle weakness | <input type="checkbox"/> Memory problems |

Other: _____

Liver/Gall bladder: Fat metabolism/Toxic & Waste neutralization:

- | | | |
|--|---|--|
| <input type="checkbox"/> Bloating | <input type="checkbox"/> Acne | <input type="checkbox"/> Heavy drinker |
| <input type="checkbox"/> Floating stools | <input type="checkbox"/> Digestive problems | <input type="checkbox"/> Toxic liver |
| <input type="checkbox"/> Abdominal pain | <input type="checkbox"/> Nausea | <input type="checkbox"/> |

Other: _____

Urogenital: Kidney/Bladder/Sexual Organs:

- | | | |
|---|---|--|
| <input type="checkbox"/> Sexual dysfunction | <input type="checkbox"/> Painful urine | <input type="checkbox"/> Sweet smell urine |
| <input type="checkbox"/> Stones | <input type="checkbox"/> Frequent urine | <input type="checkbox"/> Painful menses |
| <input type="checkbox"/> Blood in urine | <input type="checkbox"/> Prostrate problems | <input type="checkbox"/> Low Sperm count |
| <input type="checkbox"/> Fertility problems | <input type="checkbox"/> Menopause | <input type="checkbox"/> Hormone imbalance |

Other: _____

Lymph/Drainage: Intercellular Waste/Cellular Environment:

- | | | |
|--|--|---|
| <input type="checkbox"/> Body swelling | <input type="checkbox"/> Increased urine | <input type="checkbox"/> Skin problems |
| <input type="checkbox"/> Toxic environment | <input type="checkbox"/> Lung problems | <input type="checkbox"/> Flu/sick chronically |
| <input type="checkbox"/> Slow healing | <input type="checkbox"/> Over tight skin | <input type="checkbox"/> Swollen Lymph nodes |
| <input type="checkbox"/> Recent sprains | <input type="checkbox"/> Phlegm coughs | <input type="checkbox"/> Throat drainage |

Other: _____

Metabolism: Use of oxygen and nutrients to create energy/cellular growth & repair:

- | | | |
|--|---|--|
| <input type="checkbox"/> Upset stomach | <input type="checkbox"/> Poor digestion | <input type="checkbox"/> Bloating |
| <input type="checkbox"/> Poor strength | <input type="checkbox"/> Always hungry | <input type="checkbox"/> Tend to over eat |
| <input type="checkbox"/> Junk food junky | <input type="checkbox"/> Sugar blues | <input type="checkbox"/> Slow repair of injuries |
| <input type="checkbox"/> No endurance | <input type="checkbox"/> Tired all the time | <input type="checkbox"/> Obese |
| <input type="checkbox"/> Picky eater | <input type="checkbox"/> Burn out early | <input type="checkbox"/> Take Laxatives |

Other: _____

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Name: _____ Biomeridian cont.

Endocrine: Hormone production, utilization & metabolism:

- Thyroid problems Adrenal problems Development problems
- Sexual problems Fertility problems Thymus problems
- Easy Weight gain Hypothalamus Problems Low body temperature
- Other: _____

Immune: White cells/ T cells/immunity development/Killer cells:

- Sick easily Weak immune system Skin problems
- Catch Flu easily Constant fevers Constant use of antibiotics
- Slow healing Catch everything Feel run down all the time
- Other: _____

Patient Signature: _____ Date: _____

Our goal is to bring your body into the first 2 columns of the report (green: strong and good) with your meridian balance index between 900 and 1000. Our recommendations will focus on the furthest to the right and lowest on the chart of the areas showing yellow or red. By doing this, many of the above problem areas will also be helped. We will recommend a course of care for 12 weeks and then re-evaluate and make modifications as needed to improve the results.

Meridian Balance Index: Ideal = 900-1000, with all categories at 1st. or 2nd. level.

Green: 1 - Strong, 2 - Good, Yellow: 3 - Stressed, 4 - Inflamed,
Red: 5 - Weak/beginning/minor damage, 6 - Showing Damaged.

If you would like to do the Lifestyle/Nutrition Questionnaire, the Digital Pulse Wave Analysis and/or an Iridology Evaluation for a more complete understanding of your current health status, developmental problems and weaknesses, (These evaluations will help us, make recommended lifestyle and food recommendations along with other suggestions). Please let us know!

----- Staff Use -----

Consultation notes: _____

Interviewers Signature: _____ Date: _____